



# Journeys to Machu Picchu

Essential Wellness Fully-inclusive, luxury spiritual programs based at Willka T'ika

&

International Journeys Authentic cultural and spiritual pilgrimages to our featured destinations around the world

Luxury programs for individuals and groups designed by founder, Carol Cumes

# MAGICAL JOURNEY

Join a sacred Magical Journey to ancient and mysterious countries. Answer the call from the heart and soul of cultures that generously share their timeless energies. Enter the still-living temples, palaces and ruins of some of the greatest civilizations of the past. Experience the beauty of scenic wonderlands offering the startling contrasts of scorching desert and lush jungle, of untouched wilderness and wildlife game parks, of ancient tree-filled forests and glacier peaks, and of much more.

Magical Journey ensures that each of its spiritual adventures is organized to cater to the needs of the participants. Our exclusive programs are guided by carefully screened and highly trained professional guides who are passionate about their work and who will spark your excitement as the group comes into contact with the traditions, worldview and spirituality of each destination.

Carol Cumes founded Magical Journey in 1984, and since has established unique contacts in her select destination countries. In each journey, there is time to connect with the local peoples through their traditional ceremonies, prayers and meditations. This unusual personal orientation is Magical Journey's guarantee of a life changing journey you will never forget. Each morning, journeyers may choose to participate in yoga stretches or contemplative exercise to balance, heal and cleanse the body in preparation for the magic that each day brings. High-energy sites have been specially chosen for profound meditations that will take us deeper into the purpose of our individual journeys.

We look forward to welcoming you on a Magical Journey of a lifetime.

Sincerely,

Carol Cumes and Mark Hennessy

# Allow Magical Journey to inspire you...



Peru Willka T'ika Cusco Sacred Valley Machu Picchu Sallkantay Trek Inca Trail



**India** Kerala, South India Rajasthan, North India Spiritual Pilgrimage & Incredible Temple Tour Delhi, Amritsar



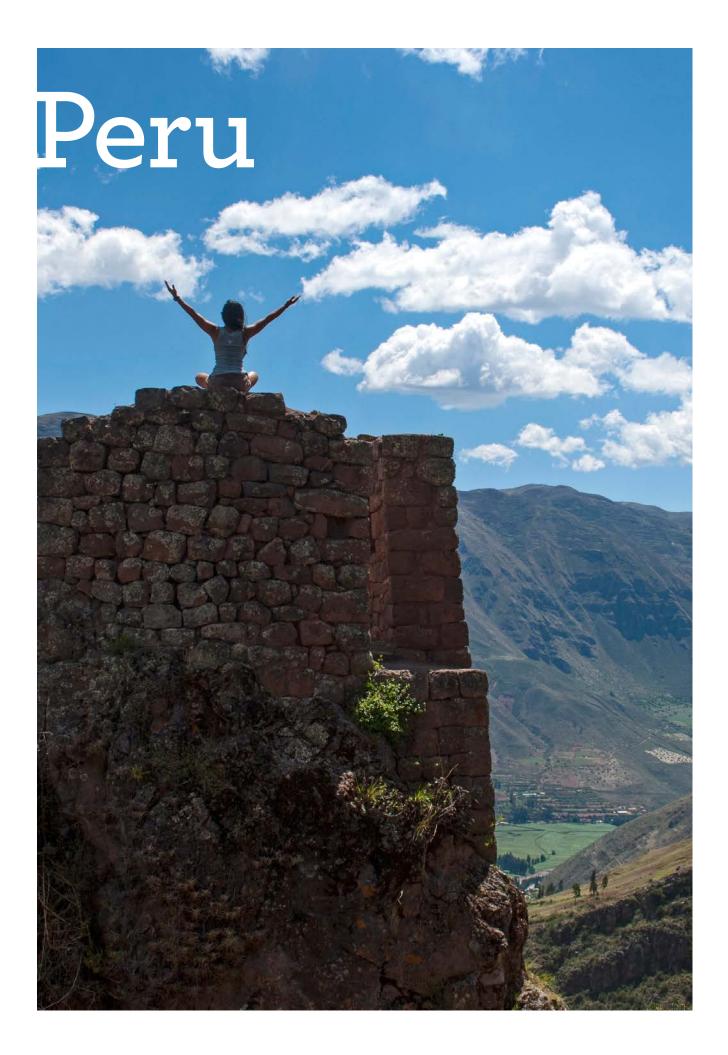
Nepal with Tibet, Bhutan Kathmandu Bhaktaphur Pokhara Annupurna Lhasa Thimpu



**Africa** South Africa Namibia Zambia Botswana Tanzania

If you, a friend or group leader may be interested in one of our journeys, please contact **Magical Journey International.** Tel: (888) 737 8070 Skype: magicwtikainfo www.magicaljourney.org **Peru journeys,** email Vidya: info@magicaljourney.org and visit www.willkatika.com

All other international journeys, email Mark: world@magicaljourney.org











Willka T'ika was originally conceived and is lovingly maintained as a private garden retreat center. It is open only to its registered guests.

Every year, Carol Cumes, founder of Willka T'ika, leads an exclusive Journey to Machu Picchu, and Essential Wellness retreat to experience the authentic spiritual and cultural wonders of Peru. These programs often include a special focus according to what Pachamama inspires each year. Please check the Willka T'ika website (www.willkatika.com) or contact Vidya (info@magicaljourney.org) for current program details.



# MAGICAL JOURNEY

# Journey to Machu Picchu with Carol Cumes A spiritual adventure at Willka T'ika

- \* Optional yoga classes
- \* Authentic Andean offerings to Pachamama
- \* Optional private sessions with top Andean and Amazonian healers

## Pachamama warmly welcomes you...

Join this unique Pachamama celebration with Carol Cumes for an authentic Magical Journey along the pathways of Peru's ancient civilizations. An exceptional Willka T'ika guide will share as at all sacred sites.

the mysteries of ancestral Incan customs at all sacred sites.

# to discover a luxury retreat in the Sacred Valley...

The program is based at Carol's luxury Willka T'ika retreat center situated in the heart of the Sacred Valley. Luxury double rooms and garden guest cottages are surrounded

by a breathtaking array of flowers, trees and medicinal herbs. Special amenities available to guests in this group include full access to two spacious yoga studios and the *Yachaywasi*, House of Wisdom, and *Takiwasi*, House of Music, both with meditational tools and fireplaces. Buildings are crafted from earth materials and great attention to detail enhances guest comfort.

# perfect for those who seek holistic wellness.

This diverse spiritual adventure is perfect for individual travelers, couples and sojourners with an interest in meditation, holistic health (and healing), yoga, dance,

Andean mysticism, photography, hiking and the creative arts. Additional healing treatments at Willka T'ika include solar-heated floral medicinal baths under the stars, Andean SPA, massage and Crystal Light Therapy from *John of God* in Brazil. Willka T'ika is a retreat conceived, built and maintained on sustainable principles. Savor organic vegetarian meals that cater to all special food diets, and fully relax in unprecedented luxury accommodations.

# Connect with Pachamama, Mother Earth

Dazzling arrays of flowers and Andean ancestral medicinal plants abound in the renowned Seven Sacred Chakra Gardens built for well-being, healing and meditation. Infuse in the healing power of the traditional Incan medicinal plants known to restore and revitalize the physical body.

### Nourish with organic gourmet meals

Brilliant edible flowers and organically grown vegetables are harvested daily and featured in vegetarian gourmet meals. Healthy menus include delicious and nutritious protein-filled Andean superfoods lovingly prepared by the Willka T'ika Quechua chefs.



# Integrate into the Andes via mind, body & soul

This program offers a spiritual and cultural adventure for mind, body and soul. After personal yoga or meditation and a relaxed, nutritious buffet breakfast, you will visit ancient Incan site in the Sacred Valley. Maximize your personal experience at each sacred site with ample time to explore, meditate, or hike to



your liking through temples and valleys.

# Enjoy a heart-opening Andean experience

You will be accompanied by an English-speaking Peruvian-Quechua guide on all excursions. Our passionate guide will spark your heart connection to the traditions and special energies of each ancient site. Our guide is gifted in catering the program to fulfill each individual's ideal adventure. The Quechua staff at Willka T'ika, who have loyally been with Carol for twenty years, further ensure that each guest feels the comfort of home and a nurturing space to open to the energies of the Chakra Gardens and Sacred Valley.



**Carol Cumes**, the creator and founder of Willka T'ika and Magical Journey, has been planning body and mind programs for over 30 years. During that time, Carol has remained deeply connected to authentic, practicing, Quechua-speaking Qero healers. Carol presents and honors the true spiritual traditions of the Peruvian Andes through her tours, lectures and writings, such as: *Journey to Machu Picchu: Spiritual Wisdom of the Andes,* the award-winning *Chakra Gardens, Opening the Senses of the Soul*, a beautifully photographed coffee table book, a self-guided

journal\* complementing the Chakra Gardens book and the Willka T'ika recipe book *Nourish with Pachamama*\* sharing Quechuan concoctions of Andean superfoods. Proceeds of book sales support the Willka T'ika's Children Fund (WTCF), a 501 (c)(3) nonprofit established in 1995 with the mission to support education and family well-being in isolated Andean schools and their communities. Carol lives next to Willka T'ika where she continues to garden and create. \* *Publications available for purchase only at Willka T'ika*.



Magical Journey invites special interest group leaders and teachers to share a journey with their own private groups. Two fully-inclusive programs based at Willka T'ika, perfect to tailor for yoga, meditation, creative arts, and holistic health practices. Luxury Private Tours also available.

If you, a friend or group leader may be interested in one of our journeys to Peru, please contact **Vidya at the Magical Journey USA office**. Email: info@magicaljourney.org Tel: (888) 737 8070 Skype: magicwtikainfo www.magicaljourney.org www.willkatika.com



## **Creation, Intention, Heritage**

Message from Founder, Carol Cumes For conscious or spiritual leaders of special interest groups

Willka T'ika is a unique holistic haven in the Sacred Valley of Peru. It is an experience – the same experience the Inca valued: a pause within travels to absorb the healing energies of Nature and reflect on an inner journey. traditions, balancing tours to mysterious Incan sites with dedicated group activity time in Willka T'ika: full use of our luxury facilities, unique sacred spaces, and renowned Chakra Gardens to further deepen

For the past two decades, the Quechua-speaking staff, descendants of the Inca, and I have worked continuously with *Pachamama*, Mother Earth to create this Sacred Space at Willka T'ika. Offering love, respect and appreciation for Pachamama and all living beings on our land, She shares Her love, healing and

guidance with us. Vibrant, pure energy is profoundly felt in the gardens, with our 1000-year-old Lucuma tree growing above *ceques*, invisible energy lines connecting two of the most powerful and sacred mountains in Peru – Sallkantay and Ausangate. The peace and serenity of the gardens draws guests into their own heart space, to access internal wisdom and awaken to innate Divinity.

Since the 1980s, I have been drawn to live, learn and share the rich ancestral values and customs of the Quechua, leading to the establishment of Magical Journey's comprehensive retreat programs to Cusco and Machu Picchu based at Willka T'ika. We offer two fully-inclusive programs: Pachamama and Lucuma. Both programs touch the heart and open the mind to ancient Andean cultures and



the Sacred Valley experience. The gardens, meditation *shalas*, ceremonial spaces, and the spacious, sunlit yoga studios are all available for teachings, meditation and movement arts.

Retreat participants always place the highest value and praise on the quality time at Willka T'ika, finding that this Sacred Space naturally expands and deepens

greater awareness of the higher self. Guests become part of the beautiful mountain peaks, the gentle spirit of the Quechua children, vibrant vegetarian food and healing energy of the Chakra Gardens – deepening connection with the Divine.

I wish to share my unique Andean experience with like-minded leaders. We take care of all logistics for a most enriching experience for the leaders and their guests. I invite you to bring your own group of students or friends to Willka T'ika for a life-changing Magical Journey to Peru. They will more than thank you for this opportunity.

With Andean Blessings,

Carol Cume

Carol Cumes



#### Authentic sustainable practices to honor Pachamama and Her children

While creating Willka T'ika, every thought, decision and action considered Pachamama, who today nourishes guests with Incan foods of the Gods, vibrant flowers, organic vegetables, high protein cereals, and medicinal and edible plants. Everything thrives in the healing vibrations of strictly organic gardens. Willka T'ika surpasses the International Criteria for classification as an Ecolodge – it is a model of authentic sustainability.



- Built with earth materials from the surrounding area
- Sophisticated sewage and water tanks
- Solar panels where possible to heat water
- Kitchen and garden waste recycled for Willka T'ika compost
- Willka T'ika Children's Fund: Taking the needs and interests of the Andean Quechua to heart, I developed and offered my support to programs for Quechua children in isolated, mountain schools, creating the Willka T'ika Children's Fund, a 501(c)(3) non-profit organization. Since 1995, the Fund has provided school buildings, computer rooms, libraries, hot meals, and school supplies in six, extremely poor communities. It provides the means

for teachers to instill in their Quechua-speaking students a pride in their rich heritage. In both our Magical Journey programs, guests are invited to a heart-opening experience visiting a community school to interact with the Quechua children.



#### Nourish with Pachamama

Since the founding of Willka T'ika, my intention has been to provide organically grown food that has a high vibrational frequency. While at Willka T'ika, healthy vegetarian organic meals are included in the cost.

Meals using freshly harvested vegetables are prepared with love in our kitchen. Guests are delighted to taste exquisite soups, salads and the ambrosial Andean flavors of our 3-course gourmet vegetarian meals with delicious desserts.

We have designed our nutritious dishes to take advantage of local high-protein superfoods such Kiwicha, Quinoa and the Andean Tarwi. We don't serve fish, poultry or meat. Guests on vegan or gluten-free diets are accommodated.

The Quechua staff are also versed in Incan herbal remedies and happily prepare special healing teas for guests. With such loving hospitality, Willka T'ika is renowned as a unique holistic haven in nature.



# Willka T'ika, Designed for Group Retreats Seeking the Profound Andean Experience

Traditionally, the Quechua relate life in three worlds of Pachamama, Mother Earth: ujhupacha, her inner world that also lives within our human cells; kaypacha, the middle world of plants, humans and animals; and hanakpacha, the upper world of divinity where the Andean gods dwell in the apukuna, the mountain peaks. Respecting, honoring and communicating with these three worlds, Willka T'ika became a reality, while embracing the ancestral concept of ayni, the reciprocal exchange of living energy – an ancient Andean practice that follows the natural principal of balanced giving and receiving, which still permeates every aspect of Quechua life. Ayni is one of the richest legacies to have survived in their culture, and today, it authentically continues to enrich the Willka T'ika experience.

#### The Original Sacred Chakra Gardens

Willka T'ika is home to the unique Seven Chakra Gardens featured in the three-time Gold award-winning book written by Carol Cumes, "Chakra Gardens, Opening the Senses of the Soul." Each garden contains symbols, shapes, sculptures, and Incan medicinal plants that resonate with one of the seven chakras, or energy centers, of the human body. The plant life flourishing in each garden are of the particular vibration associated with that chakra, creating a colorful infusion of palpable



healing energy. From vibrant colors to transformative aromas, the gardens invite profound levels of self-awareness and re-connection to *Pachamama*, Mother Earth.

In the crown chakra garden, a 1000-year-old Andean lucuma tree connects guests to the energy and wisdom of the ancient Incan civilization. The grassy area beneath the lucuma tree is a perfect place for meditation or outdoor yoga. Willka T'ika gardens also invite guests to experience organic Andean medicinal herbs, flowers, grains, and vegetables. The exuberant energy resulting from this co-creative partnership with nature enhances the well-being of our workers, guests, and our local community.



#### **SPECIAL FACILITIES AT WILLKA T'IKA**

Willka T'ika's beautiful indoor spaces created for group gatherings are set aside for meditation, yoga, dance, spiritual ceremonies or conferences. Individual guests may use the facilities when not reserved by a group.

#### **Rimaywasi Gathering Room and Bar**

Groups may gather in a spacious living room with a fireplace. Teas and baskets of freshly harvested herbs from the garden are available during the day 6:30 a.m. – 9:00 a.m, and 3:30 p.m. – 5:30 p.m. Local, organic Quillabamba coffee is offered each morning from 6:30 a.m.

**Dining:** Two large dining areas look out to the gardens.

*Yachaywasi* Library: Guests may enjoy the extensive library with cozy fireplace.

*Takiwasi* Music *Shala:* Equipped with indigenous instruments and other musical accessories for meditation, the house of music is perfect for meetings and meditation sessions around the warm fireplace.

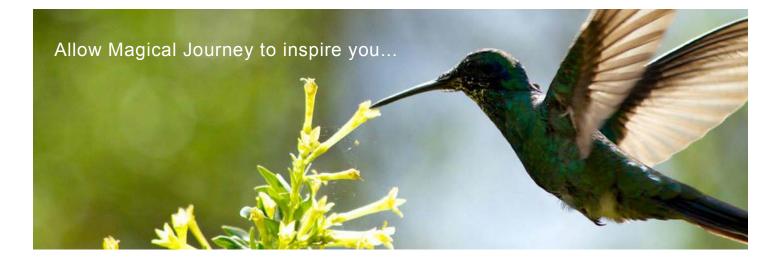
#### Yoga and Multi-Purpose Studios

Our two beautiful spacious, sunlit studios with hardwood floors are perfect for group gatherings. The magnificent Kuntur Runtu Studio with mountain views generously accommodates 55 people. The smaller garden studio, Yogawasi, fits 25-30 comfortably. These studios are fully equipped with yoga mats, blankets, blocks, and yoga/meditation accessories, as well as sound systems with iPod connections. When not reserved by a group, individuals are welcome to practice yoga in the Yogawasi at their leisure.



*Nina* **Fire Pit:** The outdoor ceremonial fire pit is available for all groups. Surrounded by flowers, grass and a large circle of stones, Nina is a magical place where gentle primal spirits prevail. In this Sacred Space, Willka T'ika's Qero healer friends make offerings of gratitude to Pachamama. By burning the offering in the fire pit, transformation becomes possible.

*Pacha Ñawi,* Eye of the Earth: A ceremonial temple with a fireplace, available for pre-arranged indoor group gatherings.



- \* Willka T'ika, the premiere luxury garden retreat center in the Sacred Valley serene, sustainable and enchanting.
- \* Renowned Seven Chakra Gardens—inspiration of the 3-time gold awardwinning book "Chakra Gardens, Opening the Senses of the Soul."
- \* Vibrant, organic, vegetarian meals lovingly prepared by Willka T'ika chefs.
- \* Exceptional facilities: Two sun-filled garden studios for yoga and dance. The round *Takiwasi* music shala with an array of Andean instruments; and the *Yachaywasi* library with a diverse selection of English books—both with their cozy fireplaces.
- \* Hiking beneath magnificent Andean peaks in awe-inspiring Sacred Valley scenery.
- \* Exploration of mysterious ancient cities and temples of Cusco and Machu Picchu.
- \* Colorful, traditional Quechua, Incan descendents, in their mountain villages, an artist and photographer's dream.
- \* A professional and passionate local guide who teaches Andean spiritual traditions, culture, history and cosmology.
- \* Participation in an ancient Incan ceremony with an authentic practicing *pakko*, a Qero healer who offers traditional coca leaf readings and personal healing.
- \* Visit to an isolated mountain community. Experience the heartfelt practice of *ayni* (Andean reciprocity) and interactive activities with the students.
- \* Willka T'ika Children's Fund (WTCF) 501(c)(3) nonprofit, assisting over 700 Quechua students from four isolated subsistence-farming communities.
- \* The *Chaskinawasi* cottage offers unique quality jewelry, crafts and exclusive Willka T'ika products. Sales support local artists and the mission of the WTCF.

A special opportunity for spiritual leaders and teachers of special interest groups...

easy steps to embark on

your Magical Journey to Machu Picchu

Rejuvenate in Willka T'ika, the #1 luxury garden **Retreat Center in** Peru's Sacred Valley.

> Select a Magical Journey program and dates. 8 and 10 day all-inclusive retreat options available, with respective wholesale prices to the leader.

Confirm your desired dates with a deposit, and set guest pricing.

Use our detailed itinerary, and invite guests to join you on a journey of a lifetime!

Situated in a perfect location between Cusco and Machu Picchu, Willka T'ika Guesthouse offers fully-inclusive luxury tour programs with guided ancient Incan excursions, yoga, extraordinary vegetarian cuisine, meditation in 7 spectacular energy-infused Chakra Gardens, authentic Andean cultural rituals, superb service and all amenities. A full menu of spa services available separately. Catering to leaders of special interest groups and small family gatherings.

#### Contact Vidya at the Magical Journey USA office







Two fully-inclusive programs for Special Interest Groups and Luxury Private Tours

## Pachamama Retreat

Lucuma Retreat

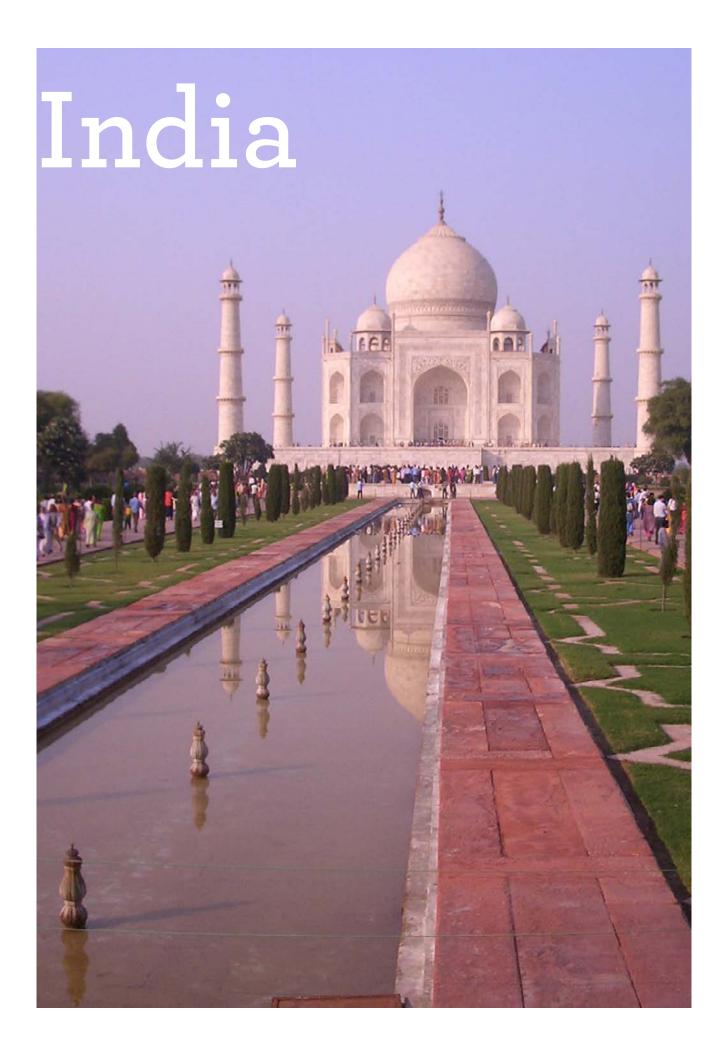
Total days	8 days / 7 nights	10 days / 9 nights
Cusco	2 days / 1 night in Cusco	2 days / 2 nights in Cusco
Machu Picchu	1 day at Machu Picchu	2 days / 1 night at Machu Picchu
Willka T'ika	5 days / 6 nights at Willka T'ika	6 days / 6 nights at Willka T'ika
Guides	5 days guided service	8 days guided service
Transport	Quality buses and tourist train	Quality buses and tourist train
Included	<ul> <li>Use of Chakra Gardens, multi-purpose studios, fire pit and meditation shalas</li> </ul>	Includes ALL activities from the Pachamama Retreat PLUS:
	Organic gourmet vegetarian buffet breakfast &	Tour to mystical Moray circles
	3-course dinner when at Willka T'ika	<ul> <li>Guided hike to Maras salt farms</li> </ul>
	<ul> <li>Guided tour around the Seven Chakra Gardens</li> </ul>	Andean farewell music celebration
	<ul> <li>Authentic Andean offering and fire ceremony with Qero Pakko healer</li> </ul>	
	<ul> <li>Visit to an Andean Mountain School</li> </ul>	
	<ul> <li>Hiking the P'isaq ruins, ceremony, and shopping in the famous market</li> </ul>	
	<ul> <li>Guided tour at Ollantaytampu ruins</li> </ul>	
	<ul> <li>Maps provided for scenic hikes, visit to Urubamba's authentic market and Maras salt farms</li> </ul>	
Summary	For the group that wants a taste of the ancient sacred sites, and also interested in plenty of group time at Willka T'ika. Includes some guided tours and ceremo- nies, and allows more time for special group activities and reflection time in the gardens.	A comprehensive and fully guided pro- gram throughout the Sacred Valley, Machu Picchu, and Cusco. This is the perfect tour for the group that wants to see and expe- rience it all. Time is allocated each day for leaders to teach their own sessions.

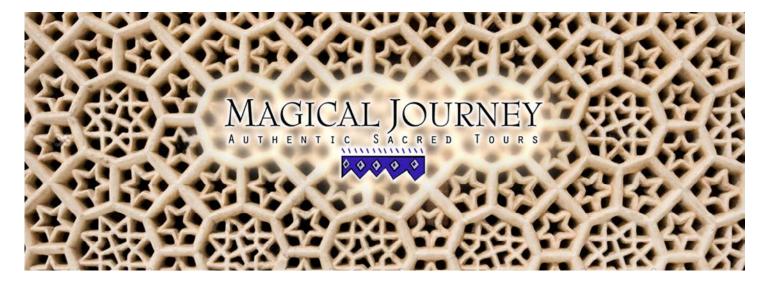
Leaders of a special interest group may choose all or some of the guided outings included in the itinerary of choice, and request more group time at Willka T'ika. Either way, each fully-inclusive program has its set fixed price and proven satisfaction for over 30 years – an incomparable value for this unique experience.

Prices provided by Magical Journey are net to leader and should be marked up as required. Prices per participant, based on shared double, with minimum of 8 participants. As an added bonus for the group leader, with 10 fully paid guests, the 11<sup>th</sup> land cost is free. And with 20 paid quests, two land costs are free (the 21<sup>st</sup> & 22<sup>nd</sup> participant/group leader). The gratis land costs are based on shared accommodation. There will be no further discounts. We appreciate your participation and understanding. Peruvian prices are subject to increase each year.

#### Contact Vidya at the Magical Journey USA office

Email: info@magicaljourney.org Tel: (888) 737 8070 Skype: magicwtikainfo www.magicaljourney.org www.willkatika.com





# North India ~ Regal Rajasthan

Prepare to tap into the true spirit of India. Exploding with vibrancy, color, excitement and wonder, Rajasthan is bold, beautiful and full of romance. Journey back in time and marvel royal residences, ornately decorated *havelis*, the renowned mansions of rich merchants with beautifully carved facades and courtyards. Sail across glorious lakes reflecting the splendor of their surrounding palaces.

Most of India's major religions are represented here. Marvel at engraved temples, the interiors of exquisitely decorated palaces and magnificent stone forts encompassing entire cities. Tune into Nature's heartbeat in this ancient land in Northern India's sacred temples, forests, desert terrain and rolling sand dunes. During our visits to extraordinarily intricate Jain temples, holy Muslim shrines and Hindu temples of white marble, our expert guide weaves spell-binding stories of the Hindu gods or the Jain vision of the universe.

Most tourists visiting Rajasthan go as far as Jaipur. This program takes you deeper into the heart of Rajasthan where you arrive in romantic desert cities, explore dusty alleys with stunning beautifully carved sandstone buildings and visit feudal villages where forts command spectacular views of camel trains and donkeys floating across the vast picturesque landscape of kingdoms and their surrounding valleys. Along the way, our fabulous Rajasthani guide, who speaks many local dialects, will captivate you with stories and facts that bring these places alive. His in-depth knowledge, storytelling talent





and great sense of humor invites you into his beloved world. Journey through diverse landscapes that embrace vast expanses of desert sand where camel trains and donkeys travel, and tribal men dressed in brilliant traditional turbans and cloth move silently to reach their distant homes. Throughout, you are invited to step off the bus and into the scene, to experience yet another magical bazaar, alley, a village food stand or slice of Rajasthan life. Participants will be offered many opportunities to walk through the countryside, around forts and in small towns each day. Interaction with the local people will bring closer understanding and appreciation of the unique way of life in the region.

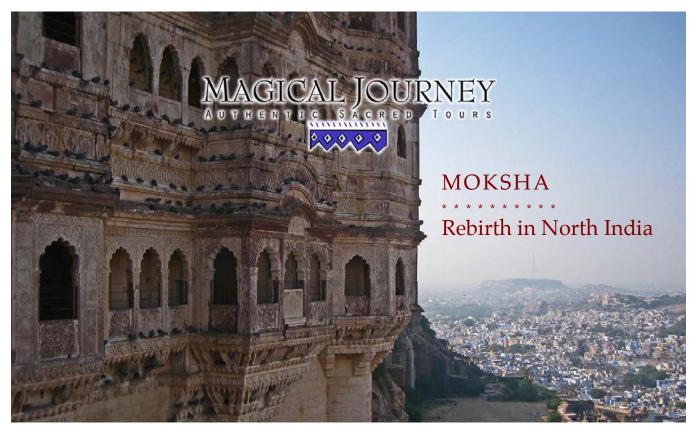
Old palace hotels, lodges, and heritage hotels are chosen to enhance your experience, radiating unique atmosphere and cultural charm. Individuals can practice their own yoga, meditation, take advantage of Ayurvedic massages where available, or go for long walks in the late afternoons. Enjoy the contrast of lakes and forests filled with animals in their natural habitat. Gaze at the stars and enjoy the pleasant November evening weather while listening to the transcendental sounds of Indian music.

Mark and I have returned many times to North and South India, and yet once again, we cannot stay away and wish to take you to the very best sites we have seen in Rajasthan. This is indeed a meticulously-planned, journey-of-a-lifetime allowing ample time to fully explore incredible wonders unlike anything else you have seen.

Namaste, Carol Cumes



For full itinerary, please contact Mark at world@magicaljourney.org



According to the Vedas, Moksha is one of the four inherent aspects of our soul or essence. Of the four distinct desires—Dharma, Artha, Kama and Moksha— Moksha, the fourth and final desire, expresses the longing for liberation and true freedom. It paves the way for our soul to express itself on earth. Moksha has been the driving force behind the world's spiritual traditions. It is the longing to know the Eternal, that which is beyond all limitations, beyond the province of the five senses and even death.

Mark and I invite you to join us for Moksha, our newest and most devotional program, an extraordinary spiritual journey to the birthplaces of three extraordinary faiths—Hinduism, Buddhism and Sikhism. After acclimating to the time change and enjoying a full day of sightseeing in Delhi, we fly to the holy city of **Varanasi**, the birthplace of Buddha, and an amazing place of pilgrimage for Hindus. The journey continues to **Amritsar** and the magnificent **Sikh Golden Temple.** There is no way to describe the magnificence of this temple and devotion of the people other than to go there in person. A train takes us through





Punjab to the spectacular mountains of **Rishikesh**, the source of the Ganges and birthplace of Hinduism. The program ends with sheer indulgence in an ayurvedic resort spa overlooking the Ganges.

Friends who have traveled with us in the past to Andrah Pradesh, Tamil Nadu and Kerala in South India, and fabulous Rajasthan in North India, have come to love the spirituality, diversity, fun and magic of our meticulously planned Magical Journeys to India.

After 15 years of traveling throughout India, Mark and I are excited to offer this new MOKSHA option, in addition to our South India and North India Royal Rajasthan journeys—all programs remain unmatched in quality, luxury and variety.









# Magical Journey to South India

Chennai ~ Mahabalipuram ~ Pondicherry ~ Tanjore Chettinad ~ Madurai ~ Periyer ~ Kumarakom ~ Kochi

© Nirbhay Kuppu

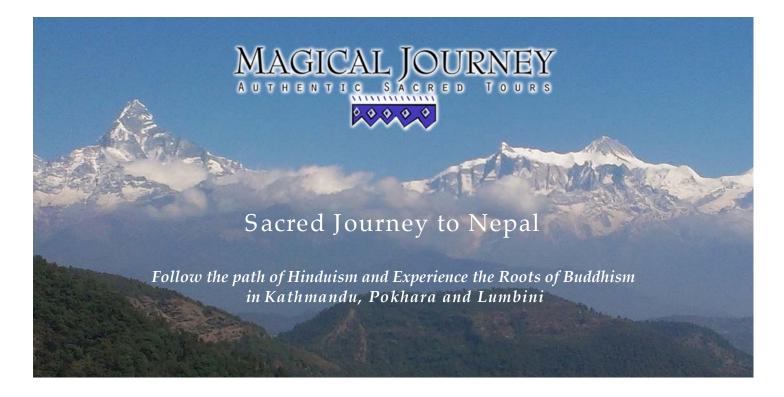
Please join Mark and I on this unforgettable, luxury Journey through the incredible sites of the South India. The diversity of South India is breathtaking, throwing the senses into wild delight. Teeming with paradoxes, there is always something that comes along to astonish, surprise and delight. No one will leave India without being impressed, stimulated and filled with gratitude for this grand opportunity. Allow yourself to open the senses of your soul in ways you never thought possible. Our exceptional South Indian guide, has been selected because of his excellent English, in-depth knowledge, inspiration, stories, humor, spirituality and assistance to our guests. Mark and I cannot wait to return to South India and share this fabulous gift of a Magical Journey-of-alifetime with you.

~ Carol Cumes



For full itinerary, please contact Mark at world@magicaljourney.org





We are delighted to invite you to join Magical Journey's fabulous Sacred Journey to Nepal.

Born to a traditional Hindu-Nepali family, your guide is a Buddhist scholar with masters degrees in Anthropology and Buddhist Studies from Tribhuwan University in Kathmandu, and has taught courses on Buddhism, and Tibetan and Himalayan culture at the University of Connecticut. He is a practicing Buddhist and teaches its meditation, philosophy and history. Past groups have loved every moment of this fabulous journey with our select guide, dubbing him "the laughing Buddha," for his great sense of compassion and wonderful sense of humor. Through his lively storytelling and first-hand experience of growing up as the son of a Buddhist Rinpoche, he is most passionate in sharing his knowledge of Nepali history and his fascinating culture.

This meticulously-planned dream program is perfect for those who love to explore exotic cities, temples, mountain cultures and authentic Hinduism and Buddhism. Two fabulous days are arranged for all-level hikers to enjoy the spectacular Annapurna Mountain range.

Journey to Lumbini—the birthplace of Buddha and visit the major highlights of Nepal, in one comfortable journey. Each day your guide will lead an optional Tibetan Buddhist meditation.



For full itinerary, please contact Mark at world@magicaljourney.org



# EXTENSION TO SACRED JOURNEY TO NEPAL Spirit of the Tibetan Kingdom

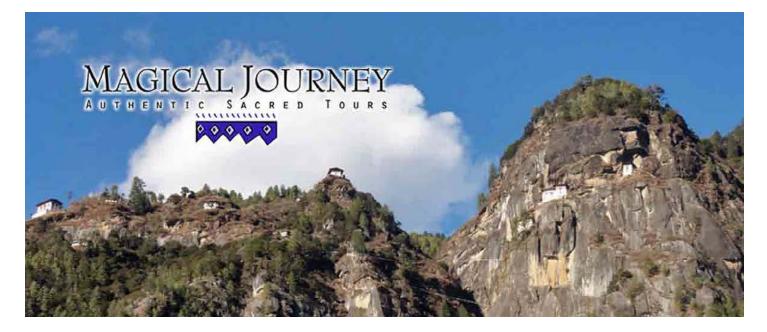
An exclusive journey to one of the Three Forbidden Kingdoms

Magical Journey is excited to offer an exclusive journey to Tibet, one of the highest regions on the Earth, where unimaginable blue skies and starry nights reflect on the stark, white mountain tops of the Himalayan peaks and clear turquoise blue lakes. Inspiring landscapes are accompanied by transcendental visits to the most famous and sacred temples of Tibet and the Buddhist religion. Step into living history in the oldest monastery, the Samye, and view the majestic Potala Palace, the ancient palace of the Dalai Lamas. Discover the dynamics between religion, culture and history in colorful Lhasa, literally "Place of the Gods," and arrive at a profound understanding of why it is known as the forbidden city. As closure to your Tibetan adventure, visit a traditional Mentse-khang doctor and discover the magic of one of the world's oldest medical traditions. Magical Journey has designed this program as an exclusive extension to Nepal; A journey to both is a Symphony of Travel with complementary variations on a central theme: Himalayan Mountain Kingdoms, each with a deep spiritual tradition playing its part in the modern world.





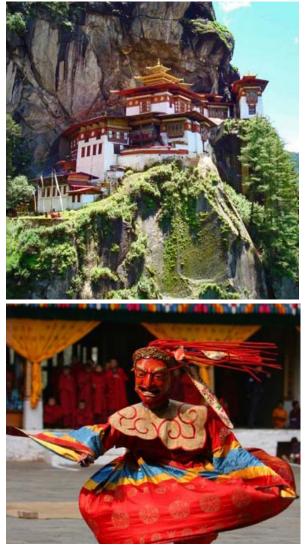
For full itinerary, please contact Mark at world@magicaljourney.org



# EXTENSION TO SACRED JOURNEY TO NEPAL Bhutan~ The Dragon Kingdom

An exclusive journey to the Last of the Three Forbidden Kingdoms

Magical Journey is delighted to invite you to Bhutan, the last of the Three Forbidden Kingdoms to open itself to the outside world. Bhutan is attempting to enter the world on its own terms to preserve its culture, values and spiritual traditions, while using the beneficial aspects of other cultures' technology and systems. It is one of the most valuable social experiments taking place in the world today. Those who are fortunate enough to visit Bhutan soon become captivated by the land and its people. Every aspect of the country is woven into the Buddhist tradition and the land vibrates with prayer. In the Buddhist perspective, culture, tradition, religion, beliefs and the environment are dynamic phenomena that are interwoven tightly in the web of all life. You witness this unique interrelatedness of all living things as you travel through this beautiful land of unspoiled forest and mountains, cascading waterfalls and unpolluted rushing rivers—a land of intelligent innocence, an island of mystical peace in a cynical and sceptical world. Magical Journey has designed this program as an exclusive extension to Nepal; A journey to both is a Symphony of Travel with complementary variations on a central theme: Himalayan Mountain Kingdoms, each with a deep spiritual tradition playing its part in the modern world.



For full itinerary, please contact Mark at world@magicaljourney.org





# "Mother Africa - Our Human Birthplace"

Carol and Mark's exclusive Magical Journeys to Southern Africa

10 years of extraordinary Journeys through Southern Africa, each guest experiencing its incomparable Spirit and vibrancy, reconnecting to *human nature* and the *nature in human*.

And now, Carol and Mark are making plans to offer a few irresistible journeys through this magical land of wildlife, history and culture.

With their Magical Journey friends, they have been on the open plains of the Serengeti during birth season, and in the calderon of the world renowned Ngorongora Crater in Tanzania. They have shared the thrill and privilege of being face to face with the majestic Mountain Gorillas in the jungles of "It was a trip of a lifetime. I am now sure everyone should go to Africa. Not only to see and ponder the animal life, which is extraordinary, but to understand what is happening there. It is the future...We had one unbelievable day after another."

~ A Magical Journey guest













Rwanda. And recently have returned from a Journey into the evocative scenes of the untouched swamps and bush of the Okavango Delta in Botswana.

There is so much more to explore in Africa! With the most exceptional guides, Carol and Mark are planning their upcoming life-changing journeys in Southern Africa.

Could the trip be to the vibrant river valleys in the deep bush of Southern Zambia or as a complete contrast, the Capt to Limpopo or the ancient Namib desert of Namibia? Discover the elephants that survive the sand, and plants that prove the incredible resilience and adaptability of life against the stark but beautiful scenery of Damaraland – a photographer's dreamland.

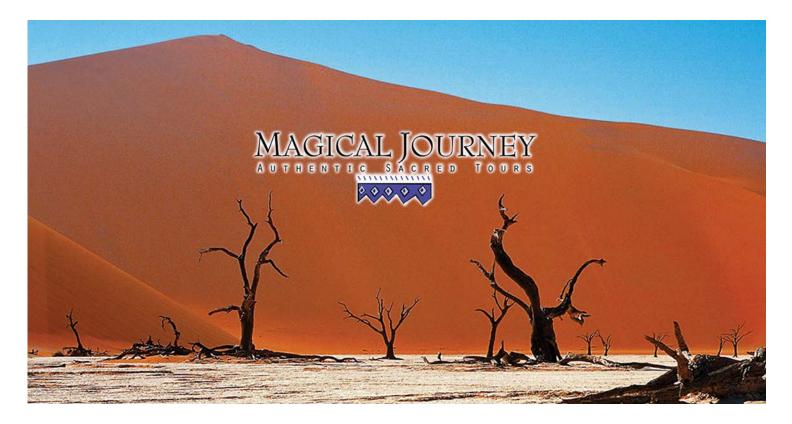
For those who have not had a chance to visit the multidimensional fascination of Southern Africa, it is time to accept the invitation to join a Magical Journey to Africa.

Carol and Mark will soon be sending the invitations to their exclusive African journeys.

"Semper aliquid novi Africam adferre" Pliny the Elder







# "Mysteries of Life Reveal in the Sands of the Namib"

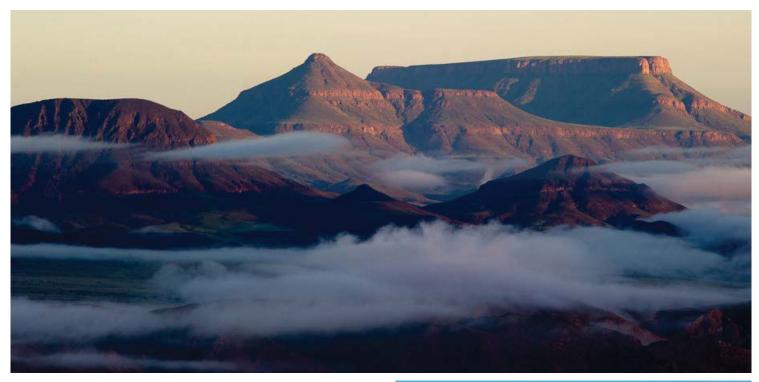
Eleven days / Ten nights Damaraland ~ Swakopmund ~ Sossusvlei

The wonders of life's incredible resilience and adaptability highlight this Magical Journey – an exploration into the oldest desert in the world. Life itself will amaze, as you head into the rock, shrubs and sands of the Namib, located on our mother continent.

Incredibly large water-dependent animals such as elephant and rhino have adapted to living on the sparse moisture and vegetation of this desert. Large antelope such as the stately Gemsbok and Eland have made the desert dunes their home. Animals and plants have evolved specifically to, not merely survive, but thrive in the moistureless heat and cold of this tropical desert.

Gaze upon open planes and scenery that could only be described as 'other worldly', though the prevailing wildlife is so much of this world. Damaraland is a photographer's dreamland.





Explore the world's highest sand dunes and travel along the Skeleton Coast, named for the many ships that have navigated themselves to an untimely fate in its surf.

Venture out into the stream of the Benguela current which brings the nutrient-rich cold water of the deep ocean to these shores, providing a playground for dolphins and seals.

Like no other country in the world, Namibia reveals the most profound existence of life itself.







For full itinerary, please contact Mark at world@magicaljourney.org

# A new opportunity for Group Leaders

The following exclusive international programs are offered to past Magical Journey leaders for groups of 12 or more participants.

> Nepal North & South India Southern Africa

# MAGICAL JOURNEY



If you, a friend or group leader may be interested in one of our journeys, please contact **Magical Journey International.** Tel: (888) 737 8070 Skype: magicwtikainfo www.magicaljourney.org **Peru journeys,** email Vidya: info@magicaljourney.org and visit www.willkatika.com **All other international journeys**, email Mark: world@magicaljourney.org